

Are You Gonna Dance



Choreographers: Kenji & Nobuko Shibata, 820 Ryan Place #144, Pleasant Hill, CA 94523
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Music: Special CD "Shall We Round Dance 11@" available from choreographers

Footwork: Opposite, directions for man (lady as noted) Tempo: 31MPM (slow for comfort)

Timing: 123&4 except where noted [Note: Timing indicates weight changes only]

Rhythm & Phase: Cha Cha V+2 (Rev Top & Cont Nat Top) +1 (Surprise Check w/ Rev Underarm Trn)

Sequence: **Intro A B A(1-8) C A End**

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Meas

INTRO

1-4

WAIT:: REV UNDERARM TRN; SPOT TRN:

- 1-2 Wait 2 meas in LOP Fcg Pos M fcg WALL lead ft free;;
- 3 **{Rev Underarm Trn}** XLIF raising jnd lead hnds to lead W trn LF, rec R, chasse sd twd LOD L/R, L (W XRIF comm trng LF under jns lead hnds, cont trng LF rec L to fc M, chasse sd twd LOD R/L, R) end LOP Fcg Pos M fcg WALL;
- 4 **{Spot Trn}** XRIF comm trng LF releasing hnds, cont trng LF rec L to fc ptr & WALL, chasse twd RLOD R/L, R joining lead hnds end LOP Fcg Pos M fcg WALL;

PART A

1-8

OPEN HIP TWIST; FAN OUT TO FC; CROSS BODY TO REV TOP::

SURPRISE CHECK w/ REV UNDERARM TRN; OPENING OUT TO FAN; ALEMANA FROM FAN::

- 1 **{Open Hip Twist}** LOP Fcg Pos M fcg WALL fwd L, rec R, bk L leading W step outside/XRIF, leading W swivel RF sd L (W bk R, rec L slightly swiveling LF, fwd R outside ptr/cl L, swiveling RF 1/4 on L sd R small step) end L-Shape CP M fcg WALL (W fcg LOD);
- 2 **{Fan Out to Fc}** Bk R leading W fwd, rec L trng LF 1/4 to fc LOD, fwd R/lk L IB, fwd R (W fwd L, fwd R trng LF 1/2 to fc RLOD, bk L/lk R IF, bk L) end LOP Fcg Pos M fcg LOD;
- 3-4 **{Cross Body to Rev Top}** Assuming CP fwd L, rec R trng LF 1/4 to fc COH, chasse sd twd RLOD L/R, L (W bk R, rec L, fwd R/lk L IB, fwd R) end L-Shape CP M fcg COH (W fcg RLOD); Bk R leading W fwd, rec L trng LF 1/4 momentary end in CP M fcg RLOD, cont trng LF sd R/ XLIF, sd R (W fwd L comm trng LF, cont trng LF sd R to fc LOD, cont trng LF XLIB/sd R, XLIB) end CP M fcg LOD;
- 5 **{Surprise Check w/ Rev Underarm Trn}** Leading W sd twd COH XLIF, rec R, sd L raising jnd lead hnds/rec R, XLIF (W sd R twd COH, rec L, XRIF comm trng LF one full trn under jnd lead hnds/cont trng LF rec L, sd R) end CP M fcg LOD;
- 6 **{Opening Out to Fan}** Trng LF 1/4 to fc COH sd R, XLIF lowering jnd lead hnds, chasse twd LOD R/L, R (W XLIB comm trng LF, cont trng LF sd R to fc LOD, bk L/lk R IF, bk L) end FAN Pos M fcg COH (W fcg LOD);
- 7-8 **{Alemana from Fan}** Fwd L, rec R ronde L CCW, XLIB/cl R, sd L (W cl R, fwd L, fwd R/lk L IB, fwd R swiveling RF 1/4 to fc M); Raising jnd lead hnds bk R, rec L, chasse twd LOD R/L, R (W XLIF trng RF under jnd lead hnds, cont trng RF fwd R, cont trng LF to fc M chasse twd LOD L/R, L) end CP M fcg COH;

9-16

OPEN BREAK TO WRAP; WHEEL RF w/ SPIN ENDING TO HAMMERLOCK; LARIAT TO LOP;

M ROLL IN & CHASSE APT; SOLO SPOT TRN & FWD LK CHA; X PT TWICE;

SINGLE CUBAN BREAK; UNDERARM TRN TO FC;

- 9 **{Open Break to Wrap}** CP M fcg COH apt L joining both hnds, rec R comm trng RF 1/4 raising jnd lead hnds, cont trng RF to fc LOD chasse twd COH L/R, L lowering lead hnds (W apt R, rec L comm trng LF 1/4 under jnd lead hnds, cont trng LF to fc LOD chasse twd WALL R/L, R) end WRAPPED Pos both fcg LOD;
- 10 **{Wheel RF w/ Spin Ending to Hammerlock}** Fwd R comm wheel RF 3/4, fwd L cont wheel RF raising jnd lead hands to lead W spin RF, cont wheel RF to fc COH fwd R/lk L IB, fwd R keeping lead hnds high above W's head & trailing hnds low at waist level (W bk L comm wheel RF 1/2, bk R completing wheel RF & comm dbl spin RF under jnd lead hnds, cont spin RF stepping almost in pl L/R, L to fc M) end HAMMERLOCK Pos M fcg COH (W fcg WALL) W slightly offset to M's R-sd jnd lead hnds held high above W's head trailing hnds at W's R-hip;

PART A (cont=ed)

- 11 **{Lariat to LOP}** Releasing trailing hnds sd L, rec R, trng LF 1/4 to fc RLOD XLIF/sd R, XLIF (W fwd R comm circling around M, fwd L, fwd L/lk L IB, fwd R) end LOP both fcg RLOD;
- 12 **{M Roll In & Chasse Apt}** Bk R comm trng LF 1/2, rec L cont trng LF to fc LOD raising R-hnd straight up, releasing lead hnds chasse twd WALL R/L, R (W fwd L cont circling RF around M, fwd R cont circling RF to fc LOD, chasse twd COH L/R, L) end LOP both fcg LOD no hnd jnd;
- 13 **{Solo Spot Trn & Fwd Lk Cha}** XLIF comm trng RF 3/4, rec R cont trng trng RF to fc COH, fwd L/lk R IB, fwd L end OP Fcg Pos M fcg COH no hnd jnd;
- 1-3- 14 **{X Pt Twice}** XRIF, pt L sd snapping fingers, XLIF, pt R sd snapping fingers end OP Fcg Pos M fcg COH no hnd jnd;
- 1&23&4 15 **{Single Cuban Break}** Joining both hnds XRIF/rec L, sd R, XLIF, rec R, sd L end BFLY M fcg COH;
- 16 **{Underarm Trn }** XRIB raising jnd lead hnds to lead W trn RF, rec L, assuming CP chasse twd LOD R/L, R assuming CP (W XLIF comm trng RF under jnd lead hnds, rec R cont trng LF to fc M, chasse twd LOD L/R, L) end CP M fcg COH;

PART B

- 1-8 **CROSS BODY w/ INSIDE UNDERARM TRN;; NEW YORKER; UNDERARM TRN; CHASE TRN M TRANS; CHASE FULL TRN TO TANDEM; BK BASIC; CHASE TRN M TRANS;**
- 1-2 **{Cross Body w/ Inside Underarm Trn}** CP M fcg COH fwd L, rec R trng LF 1/4 to fc RLOD, chasse twd WALL L/R, L (W bk R, rec L, fwd R/lk L IB, fwd R) end L-Shape CP M fcg RLOD (W fc WALL); Bk R leading W fwd, raising jnd lead hnd to lead W trn LF rec L trng LF 1/4 to fc WALL, chasse twd RLOD R/L, R (W fwd L, fwd R comm trng LF 1-1/2 under jnd lead hnds, cont trng LF sd L/cl R to fc COH, sd L) end LOP Fcg Pos M fcg WALL;
- 3 **{New Yorker}** Trng RF to fc RLOD fwd L, rec R trng LF 1/4 to fc WALL, chasse twd LOD L/R, L end LOP Fcg Pos M fcg WALL;
- 4 **{Underarm Trn}** Repeat Meas 16 Part-A end LOP Fcg Pos M fcg WALL;
- 1-3&4 5 **{Chase Trn M Trans}** Releasing hnds fwd L trng RF 1/2 to fc COH, tch R, fwd R/lk L IB, fwd R (123&4) (W bk R, rec L, fwd R/lk L IB, fwd R) end TANDEM Pos both fcg COH M IF of W; (now same footwork)
- 6 **{Chase Full Trn to Tandem}** Fwd L trng RF 1/2 to fc WALL, fwd R cont trng RF 1/2 to fc COH, bk L/lk R IF, bk L end TANDEM Pos both fcg COH M IF of W;
- 7 **{Bk Basic}** Bk R trng upper body RF looking bk, rec L, fwd R/lk L IB, fwd R;
- 1-3&4 8 **{Chase Trn M Trans}** Fwd L trng RF 1/2 to fc WALL, tch R, fwd R/lk L IB, fwd R joining lead (W 123&4) hnds (W fwd L trng RF 1/2 to fc WALL, fwd R cont trng RF 1/2 to fc COH, bk L/lk R IF, bk L) end LOP Fcg Pos M fcg WALL; (now opposite footwork)

PART C

- 1-8 **OPEN BREAK; CONT NAT TOP;;; CLOSED HIP TWIST; W SLOW CROSS SWIVELS; RK 4 & SHAPE; CROSS BODY ENDING OVERTRN TWD RLOD;**
- 1 **{Open Break}** CP M fcg COH releasing R-hnd apt L, rec R, chasse sd & fwd L/R/L trng RF 1/4 to fc LOD end CP M fcg LOD;
- 2-4 **{Cont Nat Top}** Comm trng RF XRIB, sd L, XRIB/sd L, XRIB (W comm trng RF sd L, XRIF, sd L/XRIF, sd L) end CP M fcg COH; Cont trng RF sd L raising jnd lead hnds to lead W trn LF, XRIB, sd L/XRIB, sd L (W fwd R spiraling LF one full trn under jnd lead hnds, fwd L to fc ptr, XRIF/sd L, XRIF) end CP M fcg RLOD; Cont trng RF XRIB, sd L raising jnd lead hnds to lead W trn LF, fwd R/lk L IB, fwd R (W sd L, fwd R spiraling LF one full trn under jnd lead hnds, fwd L/lk R IB, fwd L) end CP M fcg COH W slightly to M's R-sd;
- 5 **{Closed Hip Twist}** Fwd L leading W trn RF, rec R slightly trng LF, bk L ptr outside/rec R, sd L twd RLOD (W swiveling RF on L bk R, rec L swiveling LF to fc ptr, fwd R outside ptr/rec L, swiveling RF on L to fc RLOD sd R) end L-Shape CP M fcg COH (W fcg RLOD);
- 1-3- 6 **{W Slow Cross Swivels}** Rk sd R leading W fwd, hold leading W swivel LF, rk sd L leading W fwd, hold leading W swivel RF (W fwd L, swivel LF 1/2 on L to fc LOD ronde R CCW, fwd R, swivel RF 1/2 on R to fc RLOD ronde L CW) end L-Shape CP M fcg COH (W fcg RLOD);
- 1234 7 **{Rk 4 & Shape}** Rk sd R, rk sd L, rk sd R, rk sd L trng upper body RF looking at W (W rk fwd L, rk bk R, rk fwd L, rk bk R flicking L bk) end L-Shape CP M fcg COH (W fcg RLOD);

PART C (cont=ed)

- 8 **{Cross Body Ending Overtrn twd RLOD}** L-Shape CP M fcg COH (W fcg RLOD) bk R leading W fwd, releasing trailing hnds rec L trng LF 1/4 to fc RLOD, fwd R/lk L IB, fwd R (W fwd L, fwd R spiraling LF one full trn to fc RLOD, fwd L/lk R IB, fwd L) end TANDEM Pos M bhnd W both fcg RLOD lead hnds jnd;

- 9-16 **SLOW CHICKEN WALKS; QK CHICKEN WALKS TO L-SHAPE; CROSS BODY ENDING OVERTRN TWD LOD; SLOW CHICKEN WALKS; QK CHICKEN WALKS & BK LK BK; HOCKEY STICK ENDING TO BFLY; REV UNDERARM TRN; SPOT TRN;**
- 1-3- 9 **{Slow Chicken Walks}** Leading W swivel RF bk L small step, -, leading W swivel LF bk R small step, - (W swiveling RF 1/2 on L to fc M sd & fwd R, -, swiveling LF on R sd & fwd L, -) end LOP Fcg Pos M fcg RLOD;
- 10 **{Qk Chicken Walks to L-Shape}** Leading W swivel RF bk L small step, leading W swivel LF bk R small step, trng LF 1/4 chasse twd LOD L/R, L assuming L-Shape CP (W swiveling RF on L sd & fwd R, swiveling LF on R sd & fwd L, fwd R/lk L IB, fwd R) end L-Shape CP M fcg WALL (W fcg LOD);
- 11 **{Cross Body Ending Overtrn twd LOD}** Repeat Meas 9 of Part-C twd LOD end TANDEM Pos M bhnd W both fcg LOD lead hnds jnd;
- 1-3- 12 **{Slow Chicken Walks}** Repeat Meas 10 of Part-C end LOP Fcg Pos M fcg LOD;
- 13 **{Qk Chicken Walks & Bk Lk Bk}** Leading W swivel RF bk L small step, leading W swivel LF bk R small step, bk L/lk R IF, bk L (W swiveling RF on L sd & fwd R, swiveling LF on R sd & fwd L, fwd R/lk L IB, fwd R) end LOP Fcg Pos M fcg LOD;
- 14 **{Hockey Stick Ending to Bfly}** Bk R, bk L trng RF 1/4 to fc WALL raising jnd lead hnds to lead W spiral LF, joining both hnds chasse twd RLOD R/L, R (W fwd L, fwd R spiraling LF 3/4 to fc COH under jnd lead hnds, chasse twd RLOD L/R, L) end BFLY M fcg WALL;
- 15 **{Rev Underarm Trn}** Repeat Meas 3 of Intro end LOP Fcg Pos M fcg WALL;;
- 16 **{Spot Trn}** Repeat Meas 4 of Intro end LOP Fcg Pos M fcg WALL;;

END

- 1-7+ **CROSS BODY UNDERTRN INTO 3 FWD CHAS::: FWD BREAK TO 3 BK CHAS:: UNDERARM SPIN TO TANDEM FC WALL M TRANS: CROS CHECK w/ HNDS:.**
- 123&4 1-3 **{Cross Body Undertrn into 3 fwd Chas}** CP M fcg COH fwd L, rec R trng LF 1/4 to fc RLOD, 123&4 chasse twd WALL L/R, L (W bk R, rec L, fwd R/lk L IB, fwd R) end L-Shape CP fcg RLOD (W 1&23&4 fcg WALL); Bk R, rec L leading W trn LF, joining R-hnds sd & fwd R/lk L IB, sd & fwd R (W fwd L trng LF 1/4 to fc LOD, bk R, sd & bk L/lk R IF, bk L); Slightly trng RF sd & fwd L joining L-hnds/lk R IB, sd & fwd L, slightly trng LF sd & fwd R joining R-hnds/lk L IB, sd & fwd R end R-Hnd STAR Pos M fcg DRW (W fcg DLC);
- 123&4 4-5 **{Fwd Break to 3 Bk Chas}** Slightly trng RF to fc RLOD fwd L, rec R, slightly trng LF sd & bk L 1&23&4 /lk R IF, sd & bk L; Slightly trng RF sd & bk R joining L-hnds/lk L IF, sd & bk R, slightly trng LF sd & bk L joining R-hnds/lk R IF, sd & bk L end R-Hnd STAR Pos M fcg DRW (W fcg DLC);
- 1234 6 **{Underarm Spin to Tandem to Fc Wall M Trans}** Bk R raising jnd R-hnds to lead W trn RF, (W 123&4) rec L, trng LF to fc WALL sd R leading W spin RF releasing R-hnds, rec L holding W=s R-waist w/ R-hnd (W XLIF comm trng RF under jnd R-hnds, cont trng RF rec R to fc M, step L almost in pl comm full spin RF/cont spinning RF to fc WALL cl R, sd L) end TANDEM both fcg WALL M's R-hnd hold W's R-waist; (now same footwork)
- 1--- - 7+ **{Cross Check w/ Hnds}** XRIF, hold extending L-hnd sd (W both hnds sd), -, fold L-hnd (W both hnds) IF of body; Extend L-hnd (W both hnds) out on the last beat,